



School of Education, Social Work and Community Education



Seminar: Working with Traumatised Parents of Traumatised Children

Dr Guinevere Tufnell - Trauma Clinic, Great Ormond Street, London

Thursday 12 November 2009

(10.00 - 12.30 and 1.30 – 3.30)

Dalhousie Building (Lecture Theatre 3 - First Floor)
University of Dundee

Cost: £75

(Buffet lunch provided)

Where children have suffered traumatic experience, parents may also have been affected by the same event and may themselves suffer significant post traumatic symptoms. Parents affected in this way are often unable to attend as well as they would like to the needs of their children, to respond appropriately, or to provide optimal support for their children. It is well known that parental mental ill-health – especially maternal mental health problems – is a risk factor for mental health problems and the development and perpetuation of PTSDs in children. Our clinic has seen many children with parents who have been affected in this way.

This seminar will explore the mechanisms by which parents may experience secondary traumatic stress symptoms, how such a parental response may exacerbate the child's symptoms as well as giving examples of how to intervene effectively.

Dr Guinevere Tufnell is a Consultant Child and Adolescent Psychiatrist at the Traumatic Stress Clinic at Great Ormond Street Hospital for Children in London. Until 2000 she worked for 16 years in a busy community child and adolescent mental health service in East London. She is an accredited family therapist and EMDR practitioner; a past editor of the legal section of the journal *Child Psychology & Psychiatry Review* and the author of numerous published articles.



Seminar Registration Form

Seminar: Working with Traumatized Parents of Traumatized Children

Please tick ✓

Fee - £75

Cheque enclosed - made payable to University of Dundee

Please invoice

Name _____

Employer/Organisation _____

Address _____

Post / Profession _____

Contact tel. number _____

Email Address _____

Invoice Details F.A.O _____

Address _____

Email Address _____

Tel _____ Fax _____

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**For information on our PG Certificate in Child Care and Protection visit:
www.dundee.ac.uk/postgraduate/ccps**

Cancellations notified in writing by 30th October 2009 - the fee will be refunded minus £20 administration charge. After 30th October 2009 the full fee is due. Substitutions can be made up until 6th November 2009.

