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★ Visitor Information ★ Visitor Information ★



ART OF LIVING

'The Art of Living Lifestyle Show'

The Arches, Glasgow
Tuesday 3rd April, 2012
Doors open at 10am
Doors close at 4pm
Last Entry at 3.30pm

This is our 2nd Art of Living Lifestyle Show in Glasgow.

The good thing about the Art of Living is that it happens in a venue that is easy to find right in the heart of Glasgow's city centre.

Pop in for an hour or more, it's free and there's lots going on.

Pick up valuable information, learn about what's going on in Glasgow, sample new ideas, meet the main providers within the health and social care world, meet new and old friends, grab a coffee, listen to the jazz band, take part in some of the interactive programme events...have fun... plus much much more!

Come and see for yourself!

We look forward to welcoming you!



www.socialcareideasfactory.com

INTERESTED IN VISITING?

The Art of Living Lifestyle Show will be divided into the following Exhibition Zones:

- 1. Your Home and Community**
- 2. Your Love and Relationships**
- 3. Your Money, Rights and Contribution**
- 4. Your Health and Care Supports**
- 5. Your Spare Time**



The Art of Living Cafe with Jazz Music!



Book Now

With loads of prizes in our Free Prize Draw you can boost your chances of winning by completing the online booking form.

To find out more information and to book your visit please click [HERE](#)

♥ It's also okay to register at the door on the day!

